Icebreaker and Impromptu Topic Ideas
For Ice Breakers: Pick a topic and use as an ice breaker at a meeting
For Impromptu Speeches: Print this list and cut each topic apart. Then place them all in a hat or basket and let people pick them.

Name 4 things you do well.
Give directions to your home without using your hands.
Describe the ideal pet.
Describe the worst meal you ever ate.
Select an illness you would like to cure and why.
Describe a turning point in your life.
What were your plans for the future at 18 – and how have they changed?
What do you plan to be doing 10 years from now?
Share something unusual about yourself.
Describe your ideal man.
What would you tell a stranger about Women of Today?
How would you like people to remember you?
What is your secret for having fun?
When and how did you earn your first dollar?
Describe your favorite exercise – without actually naming it.
What was the best advice your parents ever gave you?
In what era would you have chosen to live?
How has involvement in Women of Today changed your life?
What is your favorite funniest possession?
What is the handiest gadget you own?
What one piece of advice would you give your daughter (or son)?
What person has made the greatest impact on your life?
Describe a funny – unplanned – thing at a wedding you attended.
What is your favorite dessert? Describe it or talk about when you first had it.
What is the funniest thing in your purse?
If you could change one part of your body, what would it be?
Tell why you dislike or like your name.
Describe your favorite winter activity – without naming it.
Discuss your favorite housekeeping tip or short cut.
What age – other than your own – would you like to be, and why?
If you had one day to do absolutely anything, what would it be?
If you could meet a famous person, who would it be & why?
If your life were a movie, what would the title be?
Name the best book you read this year.
What is the most beautiful place you’ve ever seen?
What was your nickname as a child & how did you get it?
How do you handle stress in your job/life?
Name 3 things you would take with you to a desert island.
Tell about your most embarrassing experience.
Describe your favorite holiday tradition.
What is your proudest accomplishment?
Name your favorite Women of Today programming area. Why?
Name your favorite Women of Today project.
What is your biggest fear?
What made you join Women of Today?
If you had a million dollars what would you spend it on?
What occupation would you select if you had your choice?
What did you fix for dinner last night? Why?
What is one thing you have always wanted to do, but have been afraid to try?
What qualities do you most value in a friend?
My dream house would be…
If tomorrow were my last day alive, today I would…
What job would you least like to have?
How did you celebrate your last birthday?
How do you plan to celebrate your next birthday?
Using your initials describe yourself.
Describe your hometown or birthplace.
What qualities of your mother have you inherited – both good and bad.
What qualities of your father have you inherited – both good and bad.
What qualities would you want your child to inherit from you?
What qualities wouldn’t you want your child to inherit from you?
If you found a genie in a bottle, what three wishes would you ask for?
What is the best compliment you ever received?
If you had to be famous, what would you want it to be for?
If you could change places with anyone for one month, whom would you choose? Why?
How much are you influenced by celebrities? Why or why not?
What magazine’s cover would you like to be on? With what headline?
What is your favorite article of clothing, accessory, or shoe?
If you could be best friends with any celebrity of fictional character, whom would you choose?
Would you ever have plastic surgery? What would you change? Or why not?
If you could live anywhere in the world, where would it be?
If you could change careers and be an expert instantly, what career would you choose?
If you could plan any type of party, what would it be? Where? Who would you invite?
What birthday did/do you dread the most? Why?
What birthday did/do you look forward to the most? Why?
If you had to be a guest or character on a TV show, which one would you choose?
In what way, or area, do you think women are superior to men?
In what way, or area, do you think men are superior to women?
What is one invention (electricity, computers, etc) you couldn’t live without?
Do comic books quality as valuable literature?
What comic strip(s) do you read and why (or why not)?
What comic strip that is no longer printed do you miss the most?
What is your favorite summer activity? Why?
What is your favorite spring activity? Why?
What is your favorite fall activity? Why?
What is your favorite winter activity? Why?
What did you want to be when you grew up? Is that what you are doing now?
How do you celebrate New Year’s Eve?
What is your favorite holiday? Why?
If you could invent any holiday, what would it be?
If you ran a library, how would you respond to complaints that certain books are offensive or immoral?
Has the threat of higher gas prices changed your driving or travel habits?
What part of the daily paper do you read first? Why?
What is the most important skill a leader must have to be effective?
Why (or why not) would your community be up for the award to honor the most friendliest community?
Do you get a flu shot each year? Why or why not?
How do you think your life would change if you (or your family) suddenly became famous?
What are your favorite types of movie (horror, fantasy, musical, romantic, comedy, etc)?
What is the best book you have ever read?
Why (or why not) do you read books for pleasure?
Do you watch reality TV shows? Why or why not?
Do you buy things on the internet? Why or why not?
Do you make New Year’s Resolutions? Why or why not?
Do you keep your New Year’s Resolutions? Why or why not?
Which game show (current or old) would you most want to be a contestant on?
Do you think humans will be living anywhere other than Earth within the next 100 years?
Do you think reality television has gone to far?
If you had to come up with a reality television show – what would it be?
What person has impacted your life the most?
If you could meet any one person from history, who would it be and why?
What one president would you like to meet and why?
What was your favorite toy as a child?
What one toy or game do you think all children should have?
Describe your first job?
What did you like about your first job?
What pets did you have (or want) as a child?
Do you have pets now? Why or why not?
What is special about your city or home town that would make it attractive to visitors?
What lesson have you learned that you most want to pass on to your children some day?
If you had to move to some other place in the U.S., what would you miss about your current home?
Do you (or did you) play a musical instrument? Why or why not?
Did you like high school? Why or why not?
What is your favorite month of the year? Why?
What is your favorite time of day? Why?
What part of the day do you dread? Why?
What is your favorite day of the week? Why?
What day of the week do you dread? Why?
What is one topic you would most like to learn about?
Why do you dislike (or like) public speaking?
What favor someone did for you was most appreciated?
What favor someone did for you was least appreciated?
Describe your first bike ride.
Describe your favorite bike ride.
Do you know a second language? What is it and how well can you speak it?
What was your favorite subject in school? Are you doing anything related to that now?
If you didn’t have to work for money, what would you do instead?
If you won the lottery, would you still work?
What is your favorite animal? Why?
What animal would make the ideal pet? Why?

Which is better – cats or dogs? Why?

Have you ever had an experience that could relate to the phrase – curiosity killed the cat?

What does “all that glitters is not gold!” mean to you?

How does the phrase “a woman's place is in the home” make you feel?

What does “A rolling stone gathers no moss” mean to you?

Describe your favorite meal.

What memories does Grandma’s cookie jar bring up for you?

Describe breakfast time at your house (either now or when you were a child).

Describe what food you enjoy making.

If I could control the weather…

Are you an early riser or a late sleeper? Would you rather be the opposite?

Describe your favorite vacation.

If you could be a cartoon character, who would you be?

If you wanted to relive one experience, what would it be? Would you change anything?

How do you like to spend a rainy day?

Have you ever seen a UFO, ghost, or other phenomenon?

If there was one thing you could change about yourself, what would it be?

If you had to be an athlete, what sport would it be in?

If you could take a trip into the future, what would you like to find out?

If you could take a trip into the past, what time would you chose and what would you do?

What would your life be like without electricity?

How would you describe the color red to a blind person?

Describe your favorite sandwich.

Describe the most ridiculous thing you ever did.

What is your biggest fear?

Did you have an imaginary friend? What were they like?

Describe your favorite things about your home town.
Describe your favorite outfit. Why is it your favorite?

What is your favorite nursery rhyme?

If I could only accomplish one thing in my life, I would like to...

If I wanted to impress someone, I'd tell them about my...

If I'd known my parents when they were teenagers...

Little Red Riding Hood should have...

If I could be president for a day, I'd...

Of the five senses, my favorite is...

If I were the leader of a new settlement on the frontier, I'd...

If I were the opposite sex, I'd...

What do you think dogs dream about?

What do you think cats dream about?

What do you think babies dream about?

What is your most memorable dream?

Is Elvis still alive? Why do you think so?

You are an ant. Convince an anteater to not eat you.

Explain three different ways to eat an Oreo cookie.

Tell us about a nickname you have and how you got it.

Convince us to vote for you as president of the USA.

Explain three uses for a pencil besides for writing.

Read us a letter you might write home when you are staying at a circus training summer camp.

Tell us about your summer plans.

Tell us about your favorite pet and why it should win the Greatest Pet Ever award.

If you were an animal, what would you be?

You are a salesperson trying to sell us the shirt you have on.

Tell us about the hardest thing you have ever done.

You are a mad scientist. Tell us about your latest invention.

Create a myth that explains why pelicans have large beaks.
Explain which came first: the chicken or the egg.

Explain the rules to your favorite game.

If everything in the world had to change to the same color, what color would you choose and why?

You are a piece of paper. Describe how we should use you before you get recycled.

Explain four uses for a drinking glass other than for holding a liquid.

Convince your boss to give all employees their birthdays off from work.

Describe how you would modify a snail so it can go faster.

Explain the best way to teach an old dog a new trick.

Explain how you make the most of your money.

Describe three ways computers have affected your life.

Describe three ways music affects your life.

Who would you most want to speak at your chapter meeting? How would you convince them to do it?

Explain the benefits of volunteering.

What one subject do you wish you would have learned more about in school?

Describe the benefits of exercise.

Describe your most memorable haircut.

If I were invisible for a day, I would…

If I could fly for a day, I would…

Describe your home.

What is your favorite room in your house? Why?

What is your favorite room from your childhood home?

What would your dream home have that your current house doesn’t have?

What is the least favorite aspect of your home?

Describe your favorite pair of shoes (if you are wearing them – you can’t just show them).

Which do you prefer, phone calls or e-mail? Why?

Do you like acronyms? Why or why not?

What is your favorite household chore?

What household chore do you dread the most?
What is your favorite color? Why?

Describe your favorite toast at a wedding (or make up your own).

Present an award (you can make up the award’s name) to another member.

Describe a profession without naming it.

If you could hold one world record, what would it be and why?

What is your favorite fairy tale?

If you could be one fairy tale character, which one would it be?

Describe the most beautiful wedding (either real or from TV/movies).

Do you have any superstitions? What are they?

What is the best part of being an American?

Do you believe in love at first sight? Why or why not?

Do you believe in a soul mate? Why or why not?

What do you think happens to us after we die?

What do you hope happens to us after we die?

If you could come back and haunt someone or someplace after you are gone, what would you do?

What is your favorite scent and why?

What is one sport or activity that should be added to the Olympic Games? Why?

If you could go back in time and talk to yourself at the age of ten. What advice would you give yourself?

Why is the deer on the deer-crossing sign along the highway always facing left?

What is the strangest food you have ever eaten?

What is the strangest place you have ever eaten?

Describe your favorite movie or book without telling us the title.

Describe your first job interview. Or if you can’t remember that one, describe your most memorable one.

Persuade the audience to go see the worst movie you have ever seen.

At your high school reunion, you are asked to give a toast to one of your favorite teachers who is deceased.

Your neighbors are celebrating their 25th Wedding Anniversary. You are asked to make a toast to them.

You have just been told the world will end in 24 hours. How will you spend your last day?

What goal(s) have you set for yourself this year?